

Huddersfield Foot & Ankle for Nerve Block User Guide



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Huddersfield Foot & Ankle for Nerve Block

Part No: **70100**

This model allows for the practice of common local anaesthetic injections required for successful nerve blocks. This product has been designed by Limbs & Things in collaboration with Dr Chris Davies and Mr Jim Pickard from the School of Podiatry at the University of Huddersfield, UK.

Skills

- Nerve blocks:
 - saphenous
 - deep peroneal
 - superficial peroneal
 - tibial
 - sural
 - ray block (digital nerves at metatarsal level)
 - digital nerves

Features

- Represents normal anatomy for palpation purposes
- Big toe has replaceable foam inserts for ring block injections
- Underlying soft tissue (foam) allows for fluid injections
- Skin has zip for easy removal
- Latex free

Package supplied

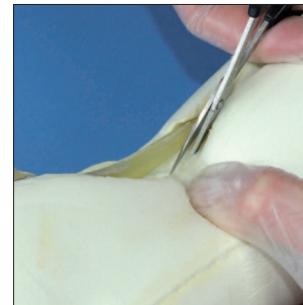
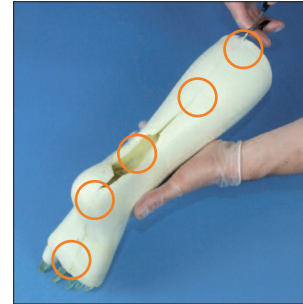
- 1 **Foot & Ankle Skin** Part No: **30101**
- 1 **Foot & Ankle Musculature** Part No: **70102**
- 1 **Foot & Ankle Ring Block Inserts (Pack of 3)** Part No: **70101**
- 1 Foot & Ankle base anatomy
- 1 tube of aqueous gel
- 1 allen key

Optional extra

- 1 **Foot & Ankle Carry Case** Part No: **70105**

Removing and refitting the Musculature

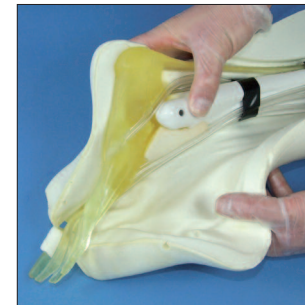
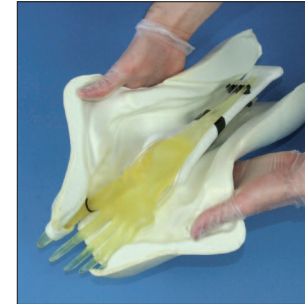
1



Having removed the Skin, slit the micropore that holds the musculature in place. There are 5 bands of tape.

Take care when slitting the tape underneath the tendon at the back.

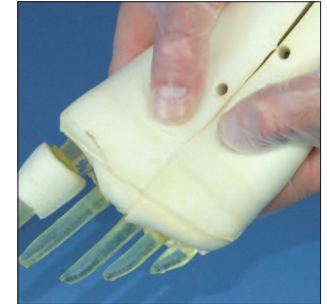
2



Split the Musculature open and remove it from the base anatomy.

When fitting the new musculature get the foot into position first...

3



...then close the rest of the foam up and reseal with tape.

Ring Block Insert

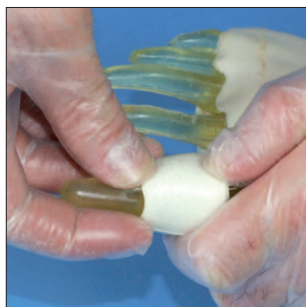
1



Remove the Skin.

Pull the old Ring Block Insert off the toe.

2



Push the new Insert onto the toe.

Hold the thick end of the Insert and 'massage' the foam back towards the end of the toe so that it 'springs back' and fits properly.

3

Components



Foot & Ankle Skin

Part No: **30101**



Foot & Ankle Musculature

Part No: **70102**



Foot & Ankle Base Anatomy

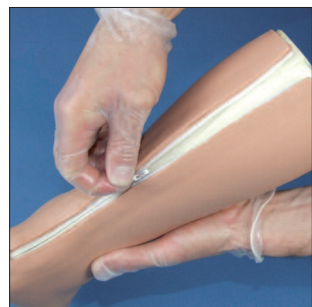


Foot & Ankle Ring Block Inserts (Pack of 3)

Part No: **70101**

Removing the Skin

1



Using the supplied allen key, remove the white end cap.

Unzip the Skin

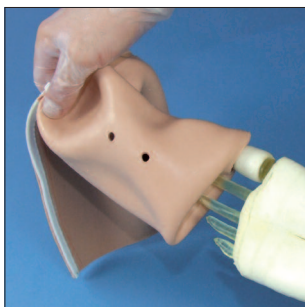
2



Peel the split Skin down as far as it will go.

Carefully push the Skin either side of the zip downwards and over the heel.

3



Carefully peel the Skin down over the foot...

... and off the toes.

Refitting the Skin

1



Apply aqueous gel to the inside of the foot and the toes.

Push the base anatomy into the Skin.

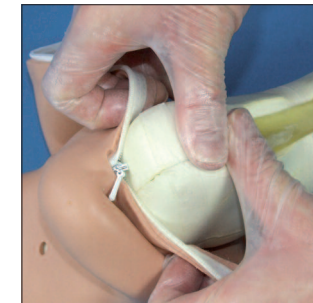
2



Massage the Skin down onto the toes. Make sure that each of the toes fits into the relevant hole inside the Skin.

Gently pull the Skin down towards the heel.

3



Gently pull the Skin over the heel and refit it over the shin and calf.

Zip up the Skin.

Replace the white cap with the allen key. The dimple in the cap (shown above) should be at the back of the leg.

The model is ready to use.