The PROMPT Flex
Birthing Simulator Range

Committed to making Childbirth Safer
PROMPT Flex - Standard and Force Monitoring (Bluetooth)

The upgraded PROMPT, launched in 2015, offers improved anatomy and wider functionality for both routine and difficult birthing management at all levels of teaching, learning and skill maintenance.
The flexible modular design of the cervix and birth canal allows for training in Shoulder Dystocia management. With the additional modules: C-Section, Cervical Dilation & Effacement and PPH drills can also be undertaken.

Rehearsal of these birthing scenarios can be practised through hybrid simulation using SPs (Simulated Patients) or used for standalone benchtop training.

This is an integral part of the PROMPT (PRactical Obstetric Multi Professional Training) course, and was designed in collaboration with the PROMPT Foundation, Southmead Hospital, Bristol.

Additional Obstetric Courses that can use PROMPT Flex are listed on the back page.

**Skills**

- **Birth scenarios covered (80105 & 80100)**
  - Communication and team work skills (SP)
  - Normal
  - Breech
  - Shoulder dystocia management
  - Instrumental (forceps and vacuum devices)
  - Delivery of placenta
  - Cord prolapse
  - Urinary catheter placement
  - IM injection
- **With Wireless Force Monitoring (80105)**
  - PPH management
  - Force feedback
- **NEW additional modules**
  - Cervical Dilatation & Effacement (80102)
  - Caesarean Section (80103)

**Skills comparison**

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**Additional Modules fit**

- Cervical Dilatation & Effacement (80102) •
- Caesarean Section (80103) •
- Lower limbs with Knee Joint Interface (80110) •
- PPH management (80101) •
Launched in 2015 with improved anatomy, durability and functionality the new PROMPT Flex Standard has a modular design allowing for numerous training scenarios. It is also fully compatible with the new C-section and effacement modules.

Used either for stand-alone training or integrated into hybrid simulation, it is an ideal training solution for all skills relating to routine and difficult deliveries.

- Birth canal and cervix
- Ischial spines and pubic bone
- Gynaecoid pelvis
- Articulating thighs
- IM injecting
- Fully articulated baby with detachable umbilical cord and placenta
- Baby includes clavicles, fontanelles, flexible head and is fully articulated

Product Qualities - Standard and Force Monitoring

- Improved and more realistic pelvic floor
- Articulating thighs for McRobert’s procedure
- Stretchable perineum
- Soft flexible birthing canal
- Additional modules to include realism
  - Lower legs
  - SP and shoulder dystocia drill
  - PPH management
  - C-section
  - Cervical dilation and effacement

- Skin washable with soap and water

- Suitable for Simulated Patient

- Suitable for Simulated Patient

| 80120 Birthing Mother (with Upper Legs) | 80124 Abdomen for PROMPT Flex |
| 80121 Standard Baby                  | 80125 Perineum and Birth Canal for PROMPT Flex |
| 80123 Placenta                      | 1 Carry case |

80100
In addition to the functionality of the standard PROMPT Flex, the Force Monitoring allows for multiple scenario training, monitoring and recording actions, including interventions made, and time to deliver the baby.

Traction applied to the baby’s head can be recorded during a shoulder dystocia drill, with the force applied visually represented.

The downloadable PDFs provide a record of the trainee and allow for factual debriefing post the scenarios. Also includes Post-Partum Haemorrhage module.

- 80120 Birthing Mother (with Upper Legs)
- 80122 Wireless Force Monitoring Baby (Bluetooth)
- 80123 Placenta
- 80124 Abdomen for PROMPT Flex
- 80125 Perineum and Birth Canal for PROMPT Flex
- 80101 PROMPT Flex - PPH Module
- 1 Carry case
- Download simulator software at limbsandthings.com
PROMPT Flex -
Cervical Dilatation & Effacement Module

80102

This versatile module is an optional add-on to the PROMPT Flex Standard or Wireless Force Monitoring simulator. It allows for training in management of both the latent and active first stages of labour.

Skills

- Assessment and Bishop’s scoring of:
  - Cervical dilation (1-10cm)
  - Cervical effacement (0-100%)
  - Cervical ripeness/consistency (soft, medium, hard)
  - Cervical position (anterior, mid, posterior)
  - Foetal station (-3 to +3)
- Assessment of and artificial rupture of membranes
- Assessment of presenting part - flexed, deflexed, brow, face, breech, caput and moulding and caput formation

Product Qualities

- Inserts to represent early labour cervixes - effacement, dilation and ripeness in line with Bishop’s scoring
- Positioning mechanism allows adjustment of station, dilation and tilt without removal from the simulator
- Dynamic positioning mechanism allows adjustment of dilation in active labour
- Markers allow tutor to read positioning in situ
- Numerous presenting part inserts including flexed, deflexed, brow, face, breech, caput and moulding
- Presenting parts and cervix can be set up outside the model for demonstration, then placed inside for examination

- Realistic representation of cervixes, including anterior lip, and presenting parts in soft birth canal, with palpable ischial spines

80138 Perineum
80139 Pelvic Ring
80140 Static Rig
80141 Dynamic Rig
80142 Set of 7 Latent Labour Cervixes
80143 Dynamic Cervix
80144 Set of 5 Presenting Parts
80145 Set of 2 Difficult Labour Heads
80146 Amniotic Membrane Set
80162 Set of 3 Caput
This product is ideal for practising the skills required when performing a transverse incision, (both Pfannenstiel and Joel-Cohen), allowing for the layers to be sutured as well as in-situ repair of the uterine wall. Also delivering a difficult baby with an impacted head or a transverse lie can be performed.

**Product Qualities**
- Abdominal skin has realistic appearance and soft feel of at-term abdomen
- Realistic feel of uterus interior during delivery
- Uterus holds baby firmly in position for normal and transverse lies, breech and cephalic presentations
- Uterus support positions baby and directs it towards the pelvis/abdominal incision when fundal pressure is applied
- Pre-incised skin option allows easy repeat delivery practice
- Surgical pad allows realistic dissection and closure and is reversible to allow 2 uses
- Single/double in situ uterine wall closure
- Suturing of rectus sheath, fat and subcuticular or cutaneous skin closure
- Accommodates retraction using metal, plastic or rubber retractors
- Optional insert to allow presentation of head just below ischial spines for Caesarean section at full dilation

**Skills**
- Abdominal and uterine wall opening and closure
- Cephalic and breech delivery
- C-section at full dilation:
  - Head disimpaction using vaginal push methods
  - Use of balloon disimpacting device
  - Reverse breech extraction
- Transverse lie
- Instrument assisted delivery
- Delivery of the placenta
- Teamwork and human factors training in emergency Caesarean section

**Product Codes**
- 80104 Caesarean Section Surgical Pad (x2)
- 80138 Perineum
- 80170 Uterus for Caesarean Section Module
- 80171 Pre-incised Delivery Only Skin
- 80172 Surgical Skin
- 80173 Cervix for Caesarean Section Module
- 80175 Foam Uterus Support
- 80176 Full Dilatation Pelvic Insert
PROMPT Flex - PPH Module

Allowing training in the management of post-partum bleeding, it offers a realistic simulation of an atonic and contracting uterus.

Optional add-on for PROMPT Flex Standard (80100). (Included in 80105).

Lower Legs with Knee Joint Interface

For extended realism when running a shoulder dystocia drill or when using a Simulated Patient. (Suitable for 80100 and 80105).